

## Upcoming Events

### Feb '19

3rd Feb—Icicle Race

9th MKBYSA Racing—  
Haversham S.C.

### Mar '19

23rd—MKBYSA Rac-  
ing—MKSC

### Apr '19

13th—MKSC Club  
Working Day

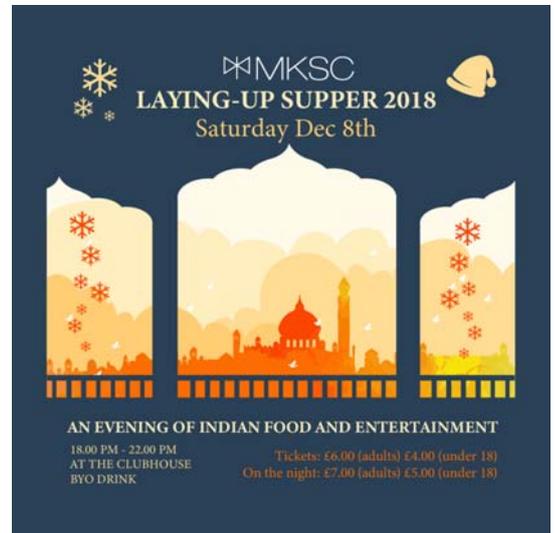
27th MKBYSA Rac-  
ing—Emberton Park  
SC

## Christmas Laying Up Supper

The Christmas Laying Up Supper was an evening of fabulous food and fun games and quizzes. It appears that the competitiveness isn't just out on the lake! The Laying Up supper is one of our major social events and gives us a chance to celebrate the year that has gone.

A massive thank you to Brian and Paul (Ruth) for the fabulous menu of food, to Alistair and Katrina for the quizzes and the reindeer game. Let's not forget the music theme as well that must have taken hours to put together. Gerard Brown wins the best costume for the evening—it wasn't fancy dress but Gerard dressed for the occasion with style which I believe will go unbeaten.

Menu: Mixed starters, Grilled Tikka Chicken and butter Chicken sauce, Goan Style Pork Vindaloo, Sag Paneer, Mekhani Dhal, Vegetable & Paneer Curry. Fab Pudds after.



## Your Club Needs You

Have you ever thought about teaching dinghy sailing? Is it your long lost dream of becoming a sailing instructor, sitting in the sun with your sunnies on, basking in the adoration of many adoring instructees. Well I can't guarantee you the weather or the adoring crowds, but we may be looking for you.

Perhaps you would like to become an Assistant Instructor which allows you to teach up to Level 2 Adults or Stage 3 in children. You will receive some training both from our existing instructors and on the job. This is centre specific as it is on the recommendation of the Principal and is valid for 5 years.

To become an AI, you will need to have Level 1-3 and have completed an advanced module within the RYA scheme. You don't have those qualifications? Don't worry, we can help you achieve them.

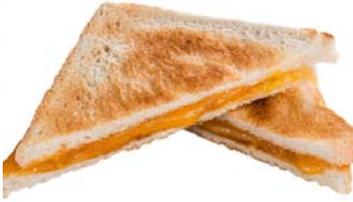
Many Assistant instructors go on to become Dinghy Instructors and perhaps even Senior Instructors.

But what do you get out of it—the joy of spreading the love of the sport, improving your own abilities.

If this is of interest or you would like more information, please email Keith at [adult.training@mksc.org.uk](mailto:adult.training@mksc.org.uk)

## Never mind a hard exit to BRE.....No, let's not talk about that.

### How about these?



This month we had a long talk about these and whether or not they were a valuable asset to the club or not these days.

Once upon a time (maybe when the world was still flat?) there were club members who actually came to the club just to make food for us! Yes I know it hard to imagine, but they did.

Anyway it seems to have fallen on the Committee members to buy food each week and other members to prepare it. Which given that this particular duty is not being fulfilled as well as it might. Members are busy – we all are. So here is a suggestion...

What if we didn't have a galley duty?

- Committee members would not have to go shopping every week
- This duty could be removed and replace with a tea and coffee honesty box
- Members would do less duties per year as they would be reallocated into other duties

I'm sure you have opinions. So please either come and talk to us, or email us your thoughts.

I await the onslaught. Mark Tuffnell

## Better Sailors

Learning to sail is a bit like driving a car- the more you learn, the more there is to learn. And so it was for me: I spent my first winter on the water in a Pico- sometimes in the boat, sometimes not, then bought an Enterprise, which I sailed with a friend. It wasn't until my friend left (nothing to do with my sailing, or so he said), and a lady called Rachel offered to crew for me, that I began to make progress with my sailing.

Rachel was an experienced racer, and set about teaching me how to sail upwind more efficiently, how to go round the buoys without causing chaos, when to give way to those mysterious shouts of 'starboard', and when not to. By the time Rachel moved on, I was a much better sailor- I still came last in races, but I did it competently!

What has this to do with now, well.... New for Spring 2019, MKSC sailing instructors would like to start a 'better sailing' session for anyone who would like to come. As yet, we have not arranged a firm time or date to start, however Saturdays

from 10:30 ish until 2 or 3 pm, every other Saturday, is looking good, when the weather is warmer! Any members would be welcome, especially those who are returning to sailing or have achieved their RYA level 2, and want to learn more... hence the name, 'better sailors'.

How do we see the sessions running: well, you could just come for a sail (there will be a safety boat



on the water), but the instructors hope to run some short 'improver' classes, aimed at honing those skills, such as better upwind and downwind sailing, unpacking the mysteries of racing ( racing starts and start-line tactics, basic racing rules), more efficient tacking and gybing, setting sails for different conditions....

If you might be interested in this, or have a suggestion about the kind of things you would find useful to find out more about, e-mail Keith at [adult.training@mksc.org.uk](mailto:adult.training@mksc.org.uk) .

Keith King—Adult Training

Photo: Simon Winkley

## MK Cup—Juniors—October 2018

The MK Cup dates had to be changed due to weed issues at Haversham. This meant we didn't have an adult team for the Sunday, but we did get a team together for the Juniors.

It was an extremely windy day, and the final race had to be abandoned but we saw some great sailing from some experienced and not-so-experienced racers and we came Second to Great Moor.

The MK Cup is organised by the Commodores of each of the clubs and has been a major event in the calendar for many, many

years.

Each year, one of the clubs will host the event, with the Juniors on Saturday and the Adults on Sunday.

Team (in Alpha Order: An-

donis, Harry, Jennie, Joe, Kit, Naomi, Ocean, Tilly, Tom & William

Photos: Tim Lewis



## Newly Qualified Senior Instructors

We're pleased to announce that both Keith King and Sarah Glavin passed their Senior Instructor Courses at Queen Mary Reservoir in October 2018. Senior Instructors are needed when the club is running a course to fulfil our RYA status and to ensure that the quality of training is maintained. This is a gruelling 4 day course, where candidates are put through their paces including experience in running huge training centres, sailability and disaster management.



## NSSA Regatta 2019

The trials for the youth to attend the 2019 NSSA Regatta took place at Haversham Sailing Club on a remarkably sunny day in the middle of November. Sadly, they were limited on numbers so not everybody could go, but we're thrilled to say that 42% of the team are from MKSC—11 of our youth will represent Milton Keynes and Bucks at the 2019 Regatta.

We're also thrilled as one of our Youth—Tom—is the captain for the Regatta which will be held down in Weymouth.

Photo: Tim Lewis



## Bosun Bob—End of an era

Some of you may have noticed that the workshop is now a little emptier than it has been for a while. And for those of you that didn't know – Bob Austin has moved to Durham, and is no longer going to be sailing, or a member of MKSC anymore.

So I wanted to write a few lines to both remember and thank Bob for all that he has done for the club over many years.

Bob, as any of us who know him well will always remember his flowery vocabulary when it came to expressing his opinions (or was that other words that start with f?).

But whatever needed doing, keeping club boats in serviceable condition, helping support the youth squad, supporting adult training and generally being a hard working pair of hands around the club, he will be missed.

He was an experienced sailor, having sailed most types of dinghies over the years, and was always happy to share this experience with anyone who asked for help. And when we needed a trusted race officer for bigger events, he would always volunteer his time.

So it is time to say – good luck in Durham and hope you find a new club up there soon.

I wish you well, and a big thank you for all the hours you have put into MKSC over the many years you have been a member here.

Mark Tuffnell—Commodore

## Rota—Jan to Mar 2019

Contact	Committee	Race Officer	Ass. Race Officer	Rescue Driver	Rescue Ass.	Galley 1
06-Jan Sunday Sailing Winter	Paul McParland	Mike Carleton	Kerry Murphy	Paul McParland	David Boyle	Paul Albone
13-Jan Sunday Sailing Winter	Ian Butterworth	Sue Butterworth	Michael Smith	Ian Butterworth	David Henchy	Tracey Johnson
20-Jan Sunday Sailing Winter	Mark Warren	Gillian Messenger	Mark Daniels	Mark Warren	Paul North	Suzanne Daniels
27-Jan Sunday Sailing Winter	Sarah Glavin	Jonathan Garfitt	Kerry Whitford	Chris Skeith	Michael Dauvergne	Neil Buterton
03-Feb Sunday Sailing Winter	Mark Tuffnell	Keith King	David Dees	Mark Tuffnell	John Carron	Adel Lewis
10-Feb Sunday Sailing Winter	Alistair Grant	Alistair Grant	Craig Glesper	Don Searson	Katrina Grant	Sharon Albone
17-Feb Sunday Sailing Winter	Brian Naylor	Neville Keen	Robbie Jamie	Jeffrey Willis	Greta Chang	Carolina Do Pazo
24-Feb Sunday Sailing Winter	Eamon Elsted	Brian Goodyear	Henry Garthwaite	Eamon Elsted	Craig Bartlett	Clare Ellis
03-Mar Sunday Sailing Winter	Paul McParland	Tim Lewis	Michael Lee	Clifford Lock	Alan Salter	Ruth McParland
10-Mar Sunday Sailing Winter	Mark Warren	Howard Astley-Jones	Peter Cooke	Kevan Ball	Amy Goodyear	Pam Arthur
17-Mar Sunday Sailing Winter	Sarah Glavin	Martin Mead	John Pearce	Peter Haughey	Alan Shepherd	Evie Smalley
24-Mar Sunday Sailing Winter	Mark Tuffnell	Ross Page	Mike Sherwood	Chris Wharmby	Jane Wharmby	Dallas Sherwood
31-Mar Sunday Sailing Winter	Brian Naylor	Peter Preston	Tony Glynn	Nicki Croft	Paul Croft	Kirsty Glynn

Milton Keynes Sailing Club  
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